SAULT COLLEGE OF APPLIED ARTS AND TECHNOLOGY

SAULT STE. MARIE, ONTARIO

Sault College

COURSE OUTLINE

COURSE TITLE: Nursing Practice IV

CODE NO. : PNG246   **SEMESTER:** 4

PROGRAM: Practical Nursing

AUTHOR: Northern Partners in Practical Nursing Education/ Gwen DiAngelo

DATE: Jan/09   **PREVIOUS OUTLINE DATED:** Jan/08

APPROVED: "Fran Rose"

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         CHAIR, HEALTH PROGRAMS   **DATE**

TOTAL CREDITS: 16

PREREQUISITE(S): All semester 3 courses

HOURS/WEEK: 15

I.   COURSE DESCRIPTION:

This course will provide the learner opportunities to examine the role of the practical nurse when caring for individuals who require supportive, rehabilitative and palliative care. The learner will also be exposed to individuals with mental health challenges. Critical thinking skills will be refined to plan and implement holistic nursing care. This experience will take place in the laboratory setting and in a variety of clinical settings.

II.   LEARNING OUTCOMES AND ELEMENTS OF THE PERFORMANCE:

Upon successful completion of this course, the student will demonstrate the ability to:

1.   Practice in a professional manner in accordance with the College of Nurses of Ontario "Standards of Practice".

Potential Elements of the Performance:
a.   Demonstrate accountability for own personal and professional growth.
b.   Model appropriate behaviour in professional and social roles.
c.   Engage in reflective practice to promote further learning
d.   Accept constructive criticism appropriately to effectively promote change.
e.   Comply with the practice setting established standards and practice expectations by:
   - Displaying self-direction
   - Seeking out guidance appropriately
   - Seeking assistance when ethical conflicts arise
   - Demonstrating interest and enthusiasm in learning
   - Preparing for clinical experience according to guidelines
   - Dressing appropriately
   - Being punctual
   - Following guidelines for reporting absenteeism
   - Providing care within the student's role and current scope of practice
   - Demonstrating competency with gradually increased client* care assignment.
   - Collaborate with the various members of the health care team in providing client care.
f.   Accept accountability for own decisions and actions.
g.   Report and record significant information accurately, confidently and respectfully to appropriate individuals, peers, faculty and agency personnel.
h.   Identify when personal values and beliefs conflict with the ability to maintain commitments to the client*.
i.   Demonstrate self-care practices that promote personal health and wellness.
j.   Demonstrate accountability and responsibility in attending clinical placement according to college policy.
k.   Recognize the right of the client* to make own health choices:
   - Support client* to find the best possible solution, given client's* personal values, beliefs and different decision-making style.
   - Respect the informed, voluntary decision of the client*.
   - Follow the wishes of the client* within the obligations of the law and CNO Standards of Practice.
l.   Explore opportunities to improve the level of health care in the community by working with groups to advocate for health policy and health resources.
m.   Analyze how personal leadership qualities impact clients*, peers, faculty and agency personnel.

2. Display caring behaviours when nursing the client*.

   Potential Elements of the Performance:
   a. Create an atmosphere of mutual trust, acceptance and respect.
   b. Demonstrate a supportive client*-centred approach.
   c. Use a non-judgmental attitude, empathy and genuineness when interacting with the client*.
   d. Display sensitivity to beliefs, values and practices of various lifestyles and cultures.
   e. Maintain therapeutic relationships that promote the achievement of expected health outcomes of the client*.
   f. Integrate appropriate therapeutic communication techniques:
      • Active listening
      • Touch
      • Silence
      • Verbal/non-verbal communication
      • Reflection
      • Feeling tones
   g. Demonstrate confidence in promoting the self-care abilities of the client*.
   h. Promote and preserve the self-esteem and self-confidence of the client*.
   i. Balance technical and technological aspects of nursing with a humanistic attitude and holistic approach.

3. Practice interpersonal skills which promote and maintain caring relationships with individuals, families, peers, faculty and agency personnel through collaboration and colleagueship.

   Potential Elements of the Performance:
   a. Participate as a contributing member of the team in providing care for the client*.
   b. Follow verbal and non-verbal directions safely, responsibly and consistently.
   c. Adapt communication strategies to meet the needs of the client*.
      • Listen to, understand and respect client* values, opinions, needs and ethno-cultural beliefs.
   d. Support the right to privacy and confidentiality of the client*.
   e. Act in a professional manner when communicating with clients*, families, peers, faculty and agency personnel.
   f. Support the client* with informed decision making.
   g. Promote the nurse's role as a client* advocate
   h. Analyze complex situations of conflict.
   i. Apply a framework of conflict resolution to clinical practice.

4. Integrate nursing knowledge and critical thinking skills to assess, plan, implement and evaluate holistic nursing care for the client* experiencing diverse health challenges in a variety of life situations.

   Potential Elements of the Performance:

   Assessment
   - Demonstrate the ability to conduct purposeful client* interviews.
   - Gather data through history taking, interviewing, consultation, physical examination and review of available records.
   - Assess the client* accurately on an on-going basis.
   - Differentiate between relevant and non-relevant observations to be reported and recorded.

   Planning
   - Identify the expected health outcomes (goals) of the client*.
   - Plan individualized care according to assessment, pre-clinical preparation and evidence-based nursing practice.
   - Develop daily organizational plans to manage time and reflect nursing responsibilities.
   - Apply nursing knowledge and critical thinking to set priorities in providing comprehensive holistic nursing care.

   Implementation
   Implement the plan of care:
   - Adapt organizational plan to reflect changing priorities based on client* needs
   - Conserve time, energy and supplies.
   - Within a reasonable timeframe.
   - Perform selected nursing interventions consistently in a safe competent client*-centred manner that minimizes risk and maximizes benefits to client*.
   - Apply the concepts of health promotion, health protection, and prevention, (therapeutic treatment), rehabilitation, palliation and/or restorative care to the client's* plan of care.
   - Promote the use of community agencies to assist the client* when appropriate.

   Evaluation
   - Evaluate achievement of expected outcomes (goals) of the client*.
   - Revise the plan of care as needed.
   - Document relevant data in a concise and timely manner, according to "CNO Standards" and agency policy.

5. Apply the theories of growth and development and the change process to promote the optimal health and wellness of the client*.

   Potential Elements of the Performance:
   a. Assess the client* based stages of life.
   b. Establish expected outcomes (goals) in collaboration with the client*.
   c. Plan nursing interventions based on the selected stage of growth and development in collaboration with the client*.
   d. Implement nursing interventions in collaboration with the client*.
   e. Provide dignified, comfortable care for the dying client*.
   f. Evaluate the extent to which the desired outcomes (goals) have been met.
   g. Modify the plan of care based on the evaluation results.

6.   Integrate principles of teaching-learning to promote optimal health, wellness and safety of the client*.

Potential Elements of the Performance:
a. Assess the health status of the client* to determine learning needs.
b. Develop a plan in collaboration with the client*.
c. Apply principles of teaching-learning to facilitate client's* understanding.
d. Implement relevant and age-appropriate teaching plan to promote optimal health, wellness and safety of the client*.
e. Evaluate the effectiveness of the teaching plan for the client*.
f. Modify the teaching plan based on the evaluation.

7.   Apply research findings to support nursing practice.

Potential Elements of the Performance:
a. Use evidence-based information to assess client* health status.
b. Provide a safe environment for the client* based on current and relevant research.

Note: Client* refers to individuals, their families and/or groups facing actual or impending acute health challenges.

III.   TOPICS:

Students will practice in a variety of settings that include:

1. Hospitals

2. Health Science Resource Centre (HSRC)

   Skills/concepts to be learned and practiced in the HSRC include:

   1.   Medication Administration – IM/Intradermal Injection

   2.   Ostomy Care

   3.   Gastric Intubation/Suction/Enteral Nutrition/Medication

   4.   Urinary Catheterization/Bladder Irrigation

   5.   Promoting Oxygenation – Tracheostomy Care/Suctioning/Chest Tubes

   6.   Loss, Grieving and Death

   7.   Preparation for Consolidation/Reflective Practice

IV.   **REQUIRED RESOURCES/TEXTS/MATERIALS:**

Year One and Two Textbooks and Supplies

College of Nurses of Ontario. *Compendium of standards of practice for nurses in Ontario* Toronto: College of Nurses of Ontario. (available on-line at www.cno.org)

Handouts (provided by the professor)

Lab Equipment (as directed by lab teacher/clinical instructor throughout the semester)

V.   **EVALUATION PROCESS/GRADING SYSTEM:**

1. Demonstrate consistently the overriding principles of safety, accountability and responsibility;

2. Achieve the learning outcomes of PNG246;

3. Achieve 60% (overall) on 2 lab tests. Supplemental testing is <u>not</u> available;

➢ For further information relating to program policies, refer to the Student Success Guide.

The following semester grades will be assigned to students in post-secondary courses:

Grade	Definition	Grade Point Equivalent
A+	90 – 100%	4.00
A	80 – 89%	
B	70 - 79%	3.00
C	60 - 69%	2.00
D	50 – 59%	1.00
F (Fail)	49% and below	0.00

CR (Credit)	Credit for diploma requirements has been awarded.
S	Satisfactory achievement in field /clinical placement or non-graded subject area.
U	Unsatisfactory achievement in field/clinical placement or non-graded subject area.
X	A temporary grade limited to situations with extenuating circumstances giving a student additional time to complete the requirements for a course.
NR	Grade not reported to Registrar's office.
W	Student has withdrawn from the course without academic penalty.

Note: For such reasons as program certification or program articulation, certain courses require minimums of greater than 50% and/or have mandatory components to achieve a passing grade.

A minimum of a "C" grade is required to be successful in <u>all</u> PNG coded courses.

It is also important to note, that the minimum overall GPA required in order to graduate from a Sault College program remains 2.0.

VI.   SPECIAL NOTES:

<u>Disability Services</u>:
If you are a student with special needs (e.g. physical limitations, visual impairments, hearing impairments, or learning disabilities), you are encouraged to discuss required accommodations with your professor and/or the Disability Services office. Visit Room E1101 or call Extension 2703 so that support services can be arranged for you.

<u>Retention of Course Outlines</u>:
It is the responsibility of the student to retain all course outlines for possible future use in acquiring advanced standing at other post-secondary institutions.

<u>Communication</u>:
The College considers *WebCT/LMS* as the primary channel of communication for each course. Regularly checking this software platform is critical as it will keep you directly connected with faculty and current course information. Success in this course may be directly related to your willingness to take advantage of the *Learning Management System* communication tool.

<u>Tuition Default</u>
Students who have defaulted on the payment of tuition (tuition has not been paid in full, payments were not deferred or payment plan not honoured) as of the first week of March will be removed from placement and clinical activities. This may result in loss of mandatory hours or incomplete course work. Sault College will not be responsible for incomplete hours or outcomes that are not achieved or any other academic requirement not met as a result of tuition default. Students are encouraged to communicate with Financial Services with regard to the status of their tuition prior to this deadline to ensure that their financial status does not interfere with academic progress.

<u>Plagiarism</u>:
Students should refer to the definition of "academic dishonesty" in the *Student Code of Conduct*. Students who engage in "academic dishonesty" will receive an automatic failure for that submission and/or such other penalty, up to and including expulsion from the course/program, as may be decided by the professor/dean. In order to protect students from inadvertent plagiarism, to protect the copyright of the material referenced, and to credit the author of the material, it is the policy of the department to employ a documentation format for referencing source material.

Course Outline Amendments:
The professor reserves the right to change the information contained in this course outline depending on the needs of the learner and the availability of resources.

Substitute course information is available in the Registrar's office.

VII.   PRIOR LEARNING ASSESSMENT:

Students who wish to apply for advance credit transfer (advanced standing) should obtain an Application for Advance Credit from the program coordinator (or the course coordinator regarding a general education transfer request) or academic assistant. Students will be required to provide an unofficial transcript and course outline related to the course in question.

Credit for prior learning is not available for this course.